

Spirit Guides and Healers

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Good evening!

Today let us talk of spirit guides and healers, for healers are also, in their own way, channels of spirit guides.

There are 3 kinds of healers in your world. The first kind is a healer who will most certainly not call himself spiritual. He prefers to use tools and implements, medicines and tablets, the knife and the scalpel. If you asked him if he was guided by a spiritual force, he would most certainly scoff. But the truth is that some of your finest, so-called, surgeons and doctors are truly spiritual healers. They have become famous for their ability to diagnose what is exactly wrong. Their diagnosis goes beyond the sheet of paper or the x-ray or the test result. Why? Because they have merged with a spiritual force, and that spiritual force helps their scientific knowledge to be even more finely tuned.

Then there is a second healer, who will call himself a spiritual healer and who works with plants and herbs. His merger is most certainly with a spiritual force, but not with a spiritual force that you would call a Guide or a Master or an Overlord. This kind of healer has merged with a spiritual force that is constantly emitted by the plant kingdom. Just as human beings have their auric fields, plants also have a pranic field. In fact, their pranic field is far more sensitive, far more refined than your own. The reason for this is that plants live upon the energy of Mother Earth and do not directly consume dead energy, which the animal kingdom and the human kingdom do consume. Though here we are not advocating that you give up any of your dietary preferences, the truth does remain that the more dead flesh energy that is consumed, the greater is the effort that is needed to be made by the physical vehicle, to emit a refined energy, for it is only what you emit that you receive.

The third kind of healer is the one we are going to speak of today: the healer who heals with energy, the healer who heals with mantras, affirmations, the healer who is able to clear an energy system, and thereby facilitate a healing. This healer has the greatest merger with the spiritual forces that you have called guides and masters. Such a healer may not have a merger with the energy of Earth and her elements, because such a healer may not require to tune in or align with the Earth and her energies. So let us speak of this healer.

It is this healer whose healing will be the deepest, whose healing will be the most refined, for this kind of healer enters the core of the energy system of another. But in order to do that, the healer must enter his own spiritual core first. Once the healer has entered his own core, his deepest and most refined core of energy, the healer's merger with the guide or master or Cosmic Overlord takes place.

We have already explained that the deepest kind of channelling, telepathic energy work, takes place when the energy of the channel (in this case, the healer) as well as the energy being who is being channelled (whether it is the guide, the master, the Archangel, the Overlord) merge in the subconscious of the channel. Let us understand this very clearly. The

subconscious is that region of energy which the intelligent mind of the channel cannot access unless the channel has broken the barriers between the intelligent mind and the psychic mind. There is, what you might call, a seal, which is not truly material or concrete in physicality, but is most certainly 'concrete' as an energetic seal. This seal is placed in order to protect every human being from his own psychic energy.

Now you might wonder why you need to be protected from your psychic energy. The psychic energy resides along with unresolved, unassimilated, energies in the subconscious mind. You are aware of how slowly you take time to deal with your issues. You are aware of how slowly unassimilated energies arise from your subconscious mind to your conscious mind. You are aware that sometimes when the pace of this release, from the subconscious to the conscious, becomes accelerated, you go into a state of trauma. This seal prevents a continued traumatic state.

Every human structure is created, as you are aware, around the central core of light as well as unassimilated energy strands that now become your responsibility to assimilate. But these strands activate slowly and gradually, throughout the entire lifespan. If the seal was not present, the energy strands would become activated all together, simultaneously, causing the physical vehicle to collapse under the tremendous force of unassimilated energy. This seal begins to grow thinner and thinner and thinner. As each energy strand becomes activated, the seal that lies between the physical vehicle, which is the conscious mind, and the subconscious vehicle, which is the psychic mind, begins to get thinner and thinner.

Then there comes a stage where the seal is so thin that it becomes almost not present. At no point, for no human being in living existence, will the seal be entirely absent. It may be an extremely fine filament, but it will be present as a filter. At no point will the psychic mind come into complete contact with the intelligent mind. Not only does this protect the physical vehicle, as explained, but it also protects the psychic energy residing therein. The subconscious contains your psychic energy treasure trove as well. It must not be allowed to get contaminated. The filament helps the physical as well as the subconscious vehicle.

When this seal becomes a thin filament, the spirit guide (you may call it the Cosmic Overlord, the master, the angel) energy begins to flood the psychic energy that resides in the subconscious mind. If the filament or the seal is thick, the psychic energy of the guide you access, will remain, in a sense, outside of you. It would be accessed by the crown chakra or the brow chakra, which would then filter the energy down to the hara. Understand that the hara consciousness is where the subconscious mind resides.

Now, as this seal begins to get thinner and thinner, and becomes a filament, the access to the energy takes place from 3 centres, and not just two. It will take place through the crown, through the brow, and through the hara. It is at this point, beloved, that we say that the guide's energy and the channel's energy have merged into one, for the guide's energy now enters the hara, wherein rests the energy of the psychic mind. The psychic energy of the guide or the master will mingle with the psychic energy in the subconscious region of the channel.

Do understand that when we use the word 'channel' we mean include all healers as well. It does not only mean a trance channel, for healers are also powerful beings of light.

Sitter: If you're constantly getting messages, does it mean it has now become a filament?

Absolutely right! The greater the merger with the guide's psychic energy, the greater and the more regular is your access to the guide's energy. As this process accelerates, the guide's energy begins to, in a sense, reside permanently within the hara consciousness of the channel, and therefore, the channel will access what the channel experiences as her own or his own energy. Which it is! But it is her own or his own psychic energy that has been empowered, enlightened, strengthened, expanded, by the merger with the guide's energy.

At this stage a further development takes place in the channel. The hara that we refer to is not what you refer to as the hara chakra. The hara consciousness that we are referring to here, is the consciousness of one chakra that comes into activation when the filament between the intelligent mind and the subconscious mind becomes as thin as it could possibly get. At this stage of the evolution of the channel, the hara consciousness of a chakra, which sometimes has been called the Sun Chakra, begins to awaken. It awakens by itself. It lies behind and close to that which you have called the sacral chakra. There is no one who can completely activate this chakra for you. This hara consciousness is a process that takes place continuously. As the seal begins to get thinner and thinner, hara consciousness deepens.

When this Sun chakra activates, the inner light of the channel is at its peak. When this light chakra is at its greatest light activation mode, the channel can be seen by others, as having a ring of light around her or him. This light has sometimes erroneously been mistaken as the light that comes from the crown, whereas it is the light of the hara. It originates from the hara and spreads out around the person, and envelops, both, the spirit guide as well as the channel. At this level of activation there is absolutely no distinction between the channel and the guide, for the light of the channel envelops the guide, and not the other way around. Even as we speak, through this medium, it is our light that envelops her, not her light that envelops us. When her light envelops us, she will have reached the ultimate light activation that is possible in human form.

Sitter: Is that what they mean by Light Body activation?

That would be the acme of Light Body activations, beyond which the human body cannot be activated into light any further, for it would burst into flame.

We prefer to call this chakra, not the Sun Chakra, but the Fire Chakra. That which has been called the sacred fire, the inner fire, lies within the hara consciousness. And the only way to activate that inner fire, (whether completely, as we have explained, or partially, as is the case with most of humanity) is by making the seal between the two minds thinner. There is no one who can make this seal thinner for you. Do not be fooled by anyone who will tell you that they can work upon your hara consciousness, in order to accelerate it. In fact, you should not permit such energy work to be done.

Sitter: Basically, it's just through resolution of issues that it can be done.

Absolutely! We prefer to call it, assimilation of energy. Remember, as the energy strands are assimilated, your divine inner core of light gets into greater enlightenment. Would this light not shine outside? How can it not be visible, even to those who have no knowledge of, that which has been called, spiritual? You have had living masters who have emitted such light activation energy waves, where their energies have enveloped their Overlords. When a human being has such a huge psychic field, wherein it can envelop the psychic field of the master himself, there is no distinction left, at all, between the master and the so-called channel.

That is complete merger, wherein the channel is not referred to as channel anymore, but has become master energy; master energy in the truest sense, in the White Brotherhood. That is complete merger, but it has been attained by very, very few living masters. At the stage of evolution and Consciousness, where you are and those like you are, your energies have not evolved enough to embrace your master's energy. It is still your master's energy embracing yours.

But the merger has begun in the subconscious mind. In these initial stages, the two energies become one, but there is certainly an intermingling that has taken place. Liken this to 2 smoke whirls. The 2 whirls of smoke seem to merge one into the other, but you can constantly see them as 2 distinct whirls of smoke. When the merger is complete, it is just one energy; you cannot distinguish one from the other.

At that stage of merger, the so-called channel is not even aware of any channelling, is not aware of any master, is not aware of any guide, of any Overlord; is only aware of the one Source. At this stage of your evolution, you are still aware of master energies. You are able to distinguish one master energy from the other. The very fact that you are able to decipher the master energies indicates that the merger has not taken place completely. There is most certainly an intermingling. There is most certainly a stage where the guide, master, Overlord energy resides in the subconscious region continuously, but it has not become one. And it has not become one because there are still unassimilated energy strands. Complete merger takes place when there is nothing left to assimilate, when the divine core of light is at 100% enlightenment.

Sitter: May I ask a couple of questions? You spoke about the Great White Brotherhood. Could you tell us where we come into it?

Ah! Good question! First of all, the Great White Brotherhood has only been understood as that which is not embodied, and that is not true, at all. Your living masters are most certainly part of the Great White Brotherhood. This master, the one you have called the Mahavtar Babaji, has been your greatest example of a Great White Brother who volunteered to stay on in human embodiment. But that is not where the Great White Brotherhood ends either. Those like you all, whom we can call initiates, disciples, adepts, depending on the evolution of the channel and the Light Worker, are also part of the Great White Brotherhood.

Light body activation started the moment you entered, what you have called, your spiritual way of existence. In fact, if your light body activation had not reached that minimal level,

you would not have turned to the spiritual way. You would have still been predominantly living the material way. The very fact that your conscious mind, the intelligent mind, has opened itself to another state of existence, a state of existence that cannot be seen, but can most certainly be experienced, shows you that your intelligent mind has gone beyond a state where it needs to see in order to believe. That state of mind can be reached when that first stage of light body activation already takes place.

As soon as that takes place and the disciple searches for a guru (let us please be very clear here that we are not referring only to your living gurus; we are including, in this word, all the energies, of all the teachers and guides) when the disciple questions Who Am I? What Am I? Why am I here? These questions bring the disciple to a guru. Not a living guru, but a guide or a master who will then accept the energy of this questing disciple into their fold. It may not be the Cosmic Overlord, whose energies will constantly flow through the Divine Core, constantly guiding every human being, whether the human being is aware or in non-awareness. Once a spirit guide opens up a stream of communication of energy, between the questing disciple and the guide itself, that is the first step into the White Brotherhood.

Sitter: What is the White Brotherhood?

The White Brotherhood is nothing but a mass of energy that has reached a certain level of enlightenment. It has a wide range, a range that starts from the questing disciple and ends with the All Source. As this questing disciple gets enlightened herself or himself, and then begins to get initiation, which is nothing else but light body activations, the disciple goes further up the rung of the White Brotherhood. When the initiations reach a certain level of enlightenment, the initiate is now recognised by the light signature that is emitted, as an adept, for the person has become adept in finding his or her own light within, the person has become adept at finding another's light, and thus on and on and on.

And of course, as the disciple becomes an initiate, an initiate becomes an adept, the seal, between the physical mind and the subconscious mind, is getting thinner. And if one looks at it in another way, if the seal is getting thinner, it means the unassimilated strands are getting assimilated. Not all unassimilated strands get assimilated with your conscious awareness or realization. Many times, your conscious awareness is drawn to the unassimilated strand by the events that take place outside of you, but, beloveds, we tell you that there are several unassimilated strands that you have already assimilated, without realizing that it was happening. And you have assimilated them by becoming aware of another reality, which you resonated with so strongly, that your very resonance facilitated the assimilation. Sometimes, you are able to see another's non-assimilation process and are able to assimilate your own strands by witnessing another's process.

Those are the simpler ways of assimilation, the pleasant ways of assimilation. But, of course, each one has core strands, strands which have a lot of denseness. Those cannot be assimilated unless you experience their denseness first. And that is what you have called: trauma. All that is is the experience of the denseness. So when you experience what you think is a difficult situation, all that you are experiencing is the depth of denseness. We urge you, do not get

caught in that event. Look at that event objectively. If you wish, you could put it upon some kind of scale, in order for you to understand how dense that strand is. Once you have identified the denseness, then proceed to make it more refined, first by understanding it. Remember, beloveds, the first step to any assimilation is awareness. And to be truly aware, you must be able to observe without emotional involvement. When you are emotionally involved, you are not observing at all and thus, the denseness continues to prevail. Teach yourself, train yourself to step out of yourself.

Sitter: Aren't we doing it?

You are doing it, but slowly. And that is why your assimilation process is not as quick as we would like it to be. Step out of yourself, instantly. What you do, beloved, is first get caught and then you step back. We are asking you to be observant at all times. Just observe. Let there be two persons dwelling in your mind: the one that is constantly observing, the other who is going through the process from non-assimilation to assimilation.

Witness! Observe! Observe! Observe!

Sitter: I know I'm a healer but I'm lazy about it. What I do is I send the intent and my energies into a person or into Earth or wherever they are needed? Is that good enough?

Understand that all healers heal by intent, but some healers have the power to magnify the energy of their intent by their own energetic work. That is one way of healing. And no, beloved, not only touch. My energetic work, as your master, involves no touch and you are still healed. What you are doing is sending the intent and allowing the intent to magnify itself by the person's own energy structure. You are sending intent; the intent along with your energy. It does not mean that your way is incorrect. It just means that different people have different ways of healing. That is all! And understand that when intent is strong, one moment of intent is far more valid than 10 hours of, what you might call, an actual healing process.

Do not be lead astray by those who say there is only one method of healing. Every healer has their own method, as every channel has their own method. Also, the method of healing and channelling can differ with the cosmic guide or Overlord whose energy you are accessing.

Sitter: Since I've been on the spiritual path, I have been aspiring to be psychic. Today I have understood that the reason I am not psychic is because the seal hasn't become thinner.

Absolutely incorrect, beloved. Absolutely incorrect! What you are referring to as psychic is not psychic at all. Psychic energy is spiritual energy, is the energy of light. Whether this energy manifests itself, in the so erroneously called, psychic manner, is completely irrelevant to whether you have a high development psychic energy, which you do have. That seal has nothing to do with whether you can channel, whether you are a clairvoyant, whether you are a healer. The seal is only about the merger of your psychic energy with your intelligent mind. Just know that energy of different vibratory frequencies exist all around you: high vibration and low vibration. Do not attempt to wilfully merge with anything, for it is not possible. Merger can only take place when your energies are refined and aligned with energies around you.

Greetings to you