

## **Spiritual Mentoring & Counseling**

Our lives seem to be like roller-coaster rides. There are times when we feel that nothing can go wrong, and there are occasions when nothing seems to go right. At these times, what we need most is faith, trust and hope. And a mentor cum counselor who can listen to you, understand your pain, put it into perspective, and help you to find your strength and power to rise above the situation.

I am humbled to give this support to many, all over the world. These are personal sessions that take place face to face, or over Skype or telephone. Each session is 45 minutes long.

The Counseling sessions could relate to Inner Child Resolution, Relationship Conflict Resolution, Grief Management, Anger Management, Communication Skills, Self-Empowerment, and so on. To aid the sessions I do a reading with my own Channeled Cards.

To book a personal session **Contact** here with full details about the help sought.

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