

What is Evil? Guilt and Shame

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Jade Fire:

Greetings, Beloveds.

Today let us speak of EVIL. Let us *explain* this phenomenon which you have called “Evil,” but which the Universe does not recognize as ‘evil’... and let us explain to you, *why*. It is very apparent to you as you live your daily life that, that which you call ‘evil’ is rampant. There *is* corruption. There *is* dishonesty. There is violence and there is bloodshed... and there *is* murder; none of these can be denied. They exist. They exist, most realistically. And yet, the Universe does not recognize evil.

In order to recognize and acknowledge the Light in a world of duality, this *feature* of *evil* must exist. In a realm of duality, if all were Light –which in a broader sense, all is – there would be no recognition of Light. And thus, to recognize the Light, there must be the evil. And there are those who undertake these missions. They undertake to bring forth to your world, the *opposing* feature, through which Light can be perceived.

There is *nothing in the Universe* –there is **nothing** in the Universe, whose purpose is **not** to spread Light. **All that is in the Universe –yes, even that which you have termed ‘evil’- has one purpose, and one purpose alone: the spreading of Light.**

How does this ‘evil’ spread Light? That *would* be a valid question, for you would see the murder and the hate and the rage and the dishonesty, and you would wonder *how* that spreads the Light. It spreads the Light because it makes you aware that, *that is not a condition you would like to embrace...* and therefore, the question arises within you, **if not this –then, what?** And the answer is, LIGHT.

And thus, evil spreads Light.

When we recognize this, *how can* the Universe scorn and be contemptuous of, and deride and disown evil, for it serves the same purpose as those whom you have called Light workers. What else does a Light worker do but spread Light through word, through thought, through speech, through action? And what else does evil do but spread Light - through thought, through word, through action, through speech... and through crimes that seem *so* ugly, and seem *so dark*, that they strike a terror in those around them.

But with that terror comes a recognition; with that terror comes an acknowledgement *that This Is Not What I Wish To Be*. With that *experience of evil*, comes the recognition that if this is not what ‘I’ wish to experience –then this is *not* what ‘I’ must spread.

And though it may do the *same* task of spreading the Light, evil does this task in what might seem a rather *devious, twisted, crooked* manner. But it spreads Light as well.

Let us now turn our attention to *you*, to *your* world, where evil is condemned.

The *reason why* evil is condemned is because you do not recognize its purpose of spreading the Light. Evil is condemned because it *forces you to address the darkness that lies within you*.

And now let us turn our attention to that inner darkness.

Of course, that inner darkness is spread only by emotions. Emotions that are heavy, emotions that are dark, emotions that do not permit Light to enter... and thus, emotions that are not helpful in spreading Light.

We wish to focus on two of these emotions: **Guilt and Shame.**

Much has been spoken of hatred and much has been spoken of rage and much has been spoken of violence... but it must be understood that guilt and shame can be considered as two of the darkest emotions that lie within the human heart.

Let us understand these two emotions, for they do not appear to be as dark as hatred and rage, and yet we tell you, they are.

GUILT is used as the most common weapon in your world. It is exploited as a tool of manipulation. So: the child is told by the mother, "If you behave badly, then everyone will blame Mum." and if the child behaves badly, he is made to feel guilty. "Finish what is on your plate – do you not see hundreds dying of starvation?" So every time something is left on the plate, guilt grows within the heart. "Will you not follow Father's profession? He has built it up for you." So even though the son may follow his own dream... he does so with the underlay of guilt.

Guilt. Guilt. Guilt. It is used by each one of you to get your way. In fact, it sometimes seems to be the simplest way to fulfil your motives. But do you stop and question how you have filled another's heart with the darkest of emotions? This guilt manifests itself in several ways in several people. For example, those who cannot say 'No...' when they so dearly wish to say 'No' crush their own needs and their own desires, because they cannot say 'No.'

What about those who wish to say "Yes!" –But must say 'no' -because Father would be disappointed... and Mother would feel bad and Husband "would not look good in Society..." And so on...

And each time you say no when you wish to say no, and say yes when you wish to say yes, and you look into the eyes of those whom you have disappointed, and the heart grows heavier with guilt.

How does that guilt reveal itself?

Each time the Universe opens its doors of success and joy and abundance, you run... for you believe you do not **deserve** this. And how unconscious guilt manifestation is. Do you know that several times, one of your hurdles to manifestation is guilt? A guilt that you are not consciously aware of at all, but a guilt that makes you feel undeserving; a guilt that makes you believe that you have caused hurt and pain to so

many in the past, that Now you must not enjoy abundance, you must not enjoy happiness, you must not enjoy fun.

Guilt about what you have done, guilt about what you haven't done, guilt about what you have said, guilt about what you haven't said – guilt. Guilt. Guilt. Guilt.

Now, on your path of Self Awareness, you must come face-to-face with your guilt. And you must forgive yourself. For the truth is, beloveds, however it may appear to the world around, each one does only what they could have done in that instance.

Spirit cannot hurt. Spirit cannot lie. Spirit cannot harm –but when guilt has covered up the Spirit, the ego-driven personality must resort –sometimes to violence and sometimes to lies... sometimes to other actions and behaviours that are considered contemptible... BUT the Truth still remains –however contemptible the action, the word, the deed - IT WAS THE ONLY POSSIBLE CHOICE FOR THAT EGO-DRIVEN, UNCONSCIOUSLY COMPELLED, PERSONALITY AT THAT MOMENT.

It is time to forgive yourself. It is time to forgive all that you have done and not done, said and not said.

By denying the guilt, the guilt will not go away –but the Joy in your life certainly will.

And now we come to the next emotion, often even darker than guilt –and that is **Shame**.

Shame springs from the deepest root of unworthiness. When the guilt has done its task 'successfully', the inner being considers itself unworthy; and whereas guilt is a tool of manipulation, **shame is the reason for self destruction.** Each time you eat what you know harms you, each time you put an intoxicant in your body which you know harms you, each time you behave in a manner you know will make you unwell, you are acting from shame. And that shame makes you behave self-destructively.

There are those who punish themselves again and again and again, by moving into abusive relationships, so that they may be beaten, because they do not believe they are worthy of anything else. There are those who give in to addictions because that is the only way they can punish their body. Shame.

Guilt and shame go hand in hand. Where there is enough guilt, there is certainly shame.

You have to address your guilt. You have to acknowledge your shame. Do not attempt to intellectualize. Do not attempt to 'talk yourself out' of the guilt.

Acknowledge it for it is. Yes, of course, at your level of evolution, you know that you are beyond all that you have done or not done, said or not said... you know how your inner compulsions had pushed and prodded you into actions that you may not be very proud of. Do not seek to justify those words, those actions, those non-words, those non-actions. Merely recognize and acknowledge: '*This is what I harbour guilt about.*'

Merely acknowledge. Do nothing else. Your recognition will release guilt gradually. And if that guilt and if that shame is so voluminous that recognition cannot release the guilt and the shame, then seek help of another who will help you with it.

Till there is guilt and shame in the human heart, there will be condemnation of the so-called 'evil.' And till there is condemnation of evil, evil will exist.

FORGIVENESS is the key. Forgive self. Love self.

GREETINGS OF MAITREYA!

Sear your Souls with eyes that flame. Sear it, so that all emotions that are dark, and hinder your love for self are charred and burnt.

Do not be gentle with yourselves. Be stern and look within, in every corner of your being, so that the tiniest molecule of guilt and shame does not miss you. The smallest –smallest- residue of guilt and shame has the ability to draw to itself Like Energy, and soon it grows like a cancer in you.

Your vision has the ability to be like a laser that cuts through denial. Use your vision. As Spiritual Warriors you have with you weapons of destruction. Use the weapons to destroy that which destroys self.

How can you profess to love self when there are actions that you undertake each day that are self destructive? How can you profess self worth when you turn away from joy and success?

If failure dogs your steps and fear of success clutches at your heart, be sure –BE SURE that guilt and shame reside and flourish within you.

Unlock the Christ within you. Guilt and shame must be crucified.

Each time you are shamed by what you do, know that this shame does not exist only from now, but is an old, old friend of yours. Each time you feel guilty for what you have said or not said, know that this guilt is an old resident within you.

So look deep and sharp and use the fire of your eyes to burn away every scrap of guilt and shame.

GREETINGS, MAITREYA.