

HEAL YOURSELF

clarity, confidence, connection

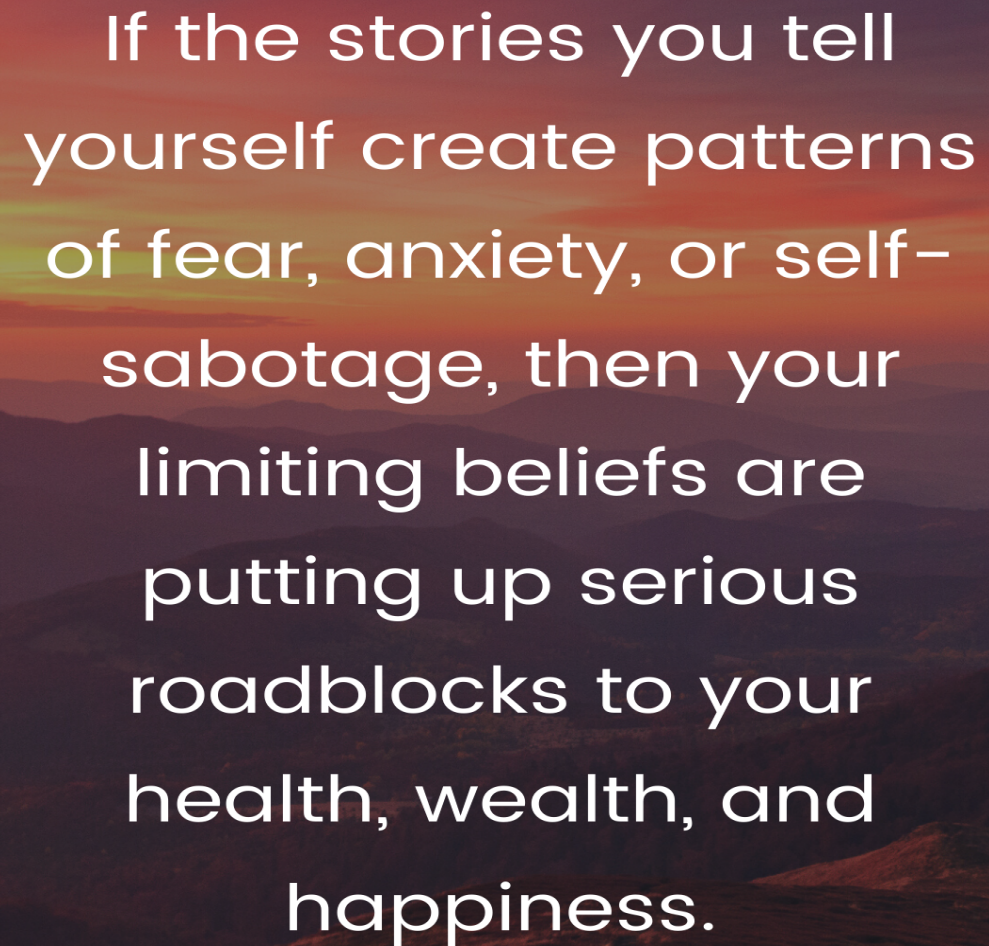
This isn't just about being your highest self, this is about mastering your self so that you can have the epic partnerships, the radical success, and the optimal health you know you can actualize.

Guided by Ellaena JF & Priya

LIVE JOURNEY


EVERY SATURDAY BEGINNING 11/7

This isn't just about being your highest self, this is about mastering yourself so that you can have the epic partnerships, the radical success, and the optimal health you know you can actualize.




If the stories you tell yourself create patterns of fear, anxiety, or self-sabotage, then your limiting beliefs are putting up serious roadblocks to your health, wealth, and happiness.

link in bio



Until these patterns
shift, it's nearly
impossible to take
actions that create the
life you want.



The HEAL YOURSELF journey is filled with simple techniques behind a massive inner shift that will completely rewire your entire approach to your soul's journey and your process of healing...

and unlock a new path to finally see results that not only heal... but propel you to new soulful heights.

[link in bio](#)

DO ANY OF THESE

~~run through~~
YOUR HEAD?

- I feel like something is missing in my life.
- I am hiding my true self so they love and accept me.
- I am tired of putting myself last and feeling lonely.
- I worry about money all the time.
- I feel so disconnected from everyone in my life.
- Why can't I just be HAPPY?

who is this for?

- Total beginners & those already on the Path
- Anyone who wants to explore self-empowerment & spirituality
- Those who are thinking about their bigger purpose
- Anyone ready to embrace all life has to offer

[link in bio](#)

what you'll learn...

- You will be guided through a mind/body/spirit/energy approach to processing emotions & pain, helping you open to healing & deepen into new possibilities
- You will learn how to move from inner work into the next level of your soul's purpose & divine destiny
- You will explore the key lessons on being human & being divine

ABOUT

Ellaeenah




Hi, I'm EllaeenahJF AKA “Ell”

EllaeenahJF is an Empowered Life Coach, Spiritual Mentor, and an Energy Intuit.

Her work extends into the realms of emotional-mental balancing, self-awareness, self-empowerment, and consciousness of thought, word and feelings, so that harmony, love and respect prevail in all relationships and interactions.

Ell is guided by Cosmic OverLord Sananda whom she lovingly calls Jade Fire. Zarathustra, Shirdi Sai Baba, Mahavatar Babaji, Meher Baba, Gautam Buddha, Germain, Mahalaxmi, Archangels Gabriel and Michael, and Kwan Yin have consistently remained her spiritual pillars.

Ell's aim is to liberate people from patterns of unconscious living that cause conflict and strain, and eventually lead to sickness and dis-ease. I look forward to facilitating a powerful journey with you.

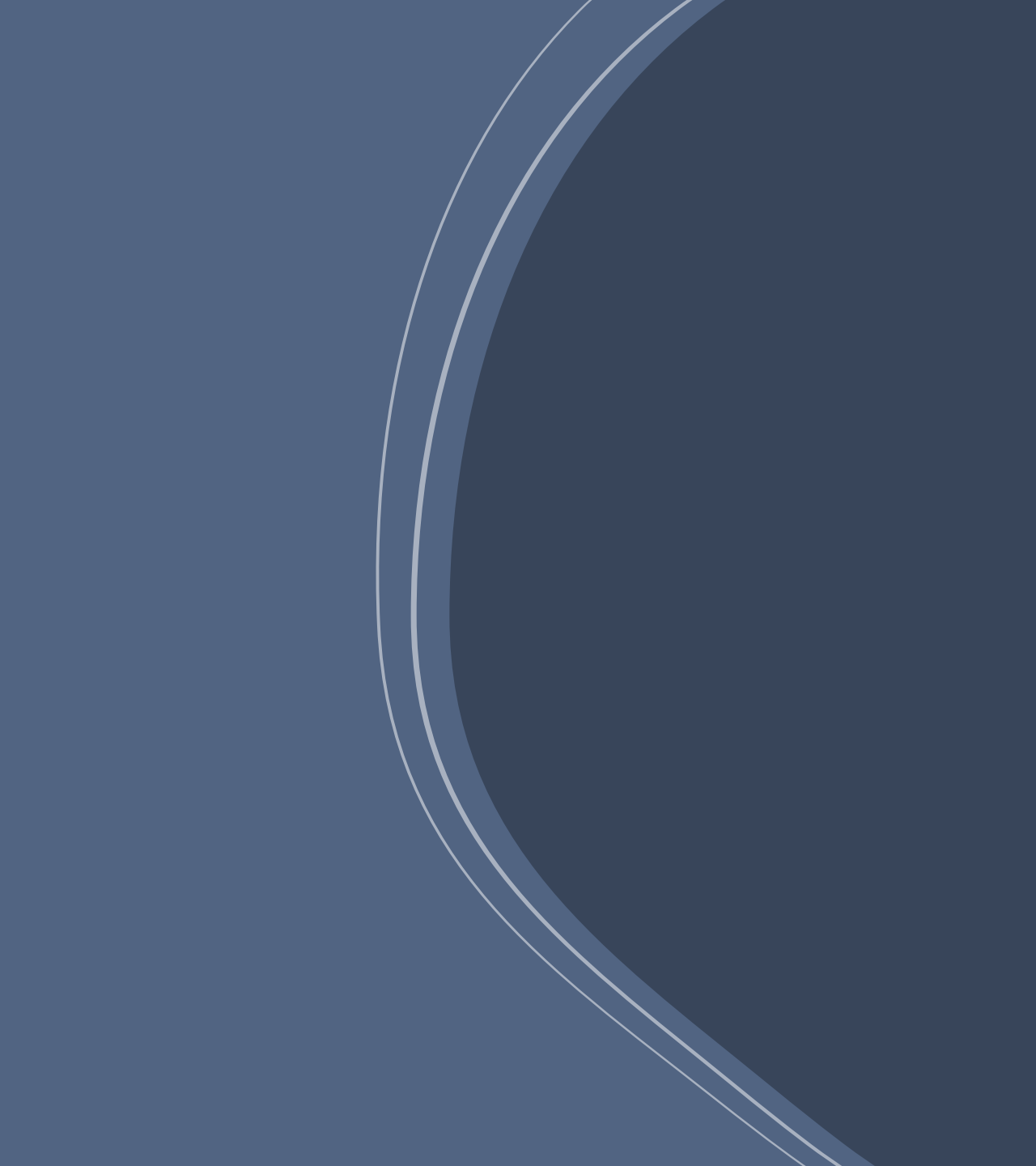


Ellaeenah is a
Spiritual Mentor and
Spiritual Counselor,
an energy intuit, a
certified
hooponopono
practitioner, a Bach
flower remedies
practitioner, a writer,
and self-healing and
self-empowerment
facilitator.

ABOUT


Pritya





Priya, founder of Awaken Ananda, specializes in supporting you to integrate spirit with matter, intuition with intelligence. After 15 years as a lawyer and professor, she became passionate about guiding others to harness the power within to create potent and powerful lives.

Priya is a Master Results Coach, a Board Certified Trainer in Hypnotherapy and Neuro-Linguistic Programming, and has spent years studying ancient spiritual wisdom and the quantum field.

The image features a circular frame on the left side, set against a solid blue background. Inside the frame, a landscape is depicted with a sunset sky in shades of orange and red, and dark, silhouetted mountains in the foreground. The words "course" and "guide" are written in a white, elegant cursive font, centered within the circular view.

*course
guide*

week one

MEETING LIFE



We'll dive into:

- The power of self-authority
- The power of self esteem
- How the willingness to “meet life in the unknown” is a relaxation of the clenched fist of ego
- Trusting the openness that holds it all and “being right where you are.”
- **OUTCOME:** New resilience and calm in the face of your life.

week two

FINDING THE GOLD



We will explore:

- How every energy — welcome or unwelcome — yearns to teach you.
- The power of connections and how to practice this in all your everyday interactions.
- Unlearning Karma as well as the roles you are "trained" to play (archetypes)
- The emotional guidance system and how does it serve you?
- **OUTCOME:** Finding the golden thread in every experience.

week three

ENDING THE WAR WITHIN



We will investigate:

- What is the Shadow and its message
- Past lives, pain body & ancestral pain
- Dismantle self-sabotage and the secondary gain of victimhood
- Learn strategies for 100% self-responsibility
- **OUTCOME:** Feel in control of your choices and embody freedom.

~~week~~ four

TRANSCENDING THE OLD STORIES



We will develop:

- Authentic self-love and trust in relationships
- Master your unconscious mind
- Understand the real role of ego and the development of the inner child
- Heart intelligence - AKA "the real brain"
- Healthy relationships with spouse/partner/family and children
- OUTCOME: Put down your weapons of war and embrace self-acceptance.

week five

FAR FROM ALONE



We will examine:

- What is energy, and how does it work?
- What does it mean to be multi-dimensional?
- How to be truly present
- How you become the Architect of your Past, Present, and Future
- Guides and angels, and how to communicate with them
- **OUTCOME:** Awareness of the bigger picture and your purpose.

week six

EMPOWERING MY SOUL



We will explore:

- The God-Goddess Self - Balance the divine feminine and masculine, and why it's important
- "The Great Shift" and why it matters
- How to embrace surrender - the ultimate superpower
- How to communicate with your soul
- **OUTCOME:** New confidence and ease with manifesting on demand.

When do we begin?

6 Consecutive Saturdays

November 7th, 14th, & 21st

December 5th, 12, 19th

BONUS CALL! January - New Year Intentions

Time: 11:00 am EDT, 8:00am PST, 8:30 pm IST

Payment Options for The Course

MOST POPULAR

\$497

ONE TIME PAYMENT

6 Live Two-Hour Group calls with Q & A

2 Guided Group Hypnosis Sessions

2 Guided Visualization Journeys

Access to Call Recordings

Private Facebook Group

Relevant Resource Materials

TWO PAYMENTS

\$255

PER MONTH (2 PAYMENTS)

6 Live Two-Hour Group calls with Q & A

2 Guided Group Hypnosis Sessions

2 Guided Visualization Journeys

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Private Facebook Group

Relevant Resource Materials

INDIA PRICING

20,000 INR

ONE TIME PAYMENT- INDIA PRICING

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REGISTER NOW

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<http://www.jadefirelight.com>